

# **BREAKING TRAUMA BONDS** Part II



Trauma Bonds Series: Part I provided an understanding of Trauma Bonds & destructive relationship patterns. This workshop gives you the opportunity to apply and practice proven strategies for ending this cycle

Workshop based on the book *The Theory of Pair Bonding* and the Book *The Betrayal Bond* by Patrick Carnes, Ph.D. and other proven strategies

**June 30, 2018**

**Saturday from 9:00 a.m. to 4:00 p.m.**

**Facilitated by Dee Gardner-Wilson, LCSW, LCDC, CSAT, EMDR-II**

**at**

**The Heights Treatment Center  
3313 D'Amico  
Houston, TX 77019**

Do you have a pattern of trauma bonded relationships?

Can the bond between the victim & victimizer be broken?

Why do those struggling with addiction return to abusive relationships?

Why does chaos and intensity seem to make relationships so difficult to end?

Wonder why stressful, negative experiences intensify the bond between two people?

Why, Why, Why???

**You will learn how to apply and experience healing exercises for those with a history of trauma-bonded relationships. Lasting change is established by **DOING** rather than by awareness only.**

**Cost: \$80**

**Reserve early, space is limited.** Personal attention is essential for change to happen

**Attending Trauma Bonds I is not required but recommended**

Credit, cards, checks, cash, Paypal accepted.

**Bring a your own lunch or order lunch when you register online**