

**Patrick Hyland**  
**Licensed Professional Counselor – Registered Intern**  
**State of Oregon**

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**INTAKE QUESTIONNAIRE**

*(Please print Clearly)*

**CLIENT INFORMATION**

Date: \_\_\_\_\_ Social Security Number: \_\_\_\_\_ N/A \_\_\_\_\_ Gender: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_

Name of Spouse/Guardian: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_

Additional Information: \_\_\_\_\_

Insurance Company for services: \_\_\_\_\_

Person Responsible for Payment: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Agreed Session Cost: \$ \_\_\_\_\_

Client Signature: \_\_\_\_\_

**Marital Status (more than one answer may apply)**

Single \_\_\_\_ Divorce in Process \_\_\_\_ Unmarried, living together \_\_\_\_  
Since \_\_\_\_\_  
Legally Married \_\_\_\_ Separated \_\_\_\_ Divorced \_\_\_\_  
Since \_\_\_\_\_ Since \_\_\_\_\_ Since \_\_\_\_\_  
Assessment of current relationship: Good \_\_\_\_ Fair \_\_\_\_ Poor \_\_\_\_

**EMERGENCY INFORMATION** (In case of emergency, contact):

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_

Primary Physician: \_\_\_\_\_

Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_

Psychiatrist: \_\_\_\_\_

Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_

Other: \_\_\_\_\_

Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_

Medications: \_\_\_\_\_

Allergies: \_\_\_\_\_

Important Medical Conditions: \_\_\_\_\_

Are you allergic to any medications or drugs? \_\_\_\_\_

**Signature for Services to Begin:** \_\_\_\_\_

Client:

Date: \_\_\_\_\_

Agreed by Therapist: \_\_\_\_\_

Patrick Hyland

Date: \_\_\_\_\_

**Referral Source:**

How did you hear about me? \_\_\_\_\_  
Who referred you? \_\_\_\_\_  
Telephone of referral person: \_\_\_\_\_  
Relationship of referral person to client: \_\_\_\_\_

**Employment:**

Client's Work: \_\_\_\_\_  
Supervisor's Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_  
Spouse's Work: \_\_\_\_\_  
Supervisor's Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Alternate: \_\_\_\_\_

**Family:**

Relationship	Name	Age	Living		Living with you	
			Yes	No	Yes	No
Mother	_____	_____	_____	_____	_____	_____
Father	_____	_____	_____	_____	_____	_____
Spouse	_____	_____	_____	_____	_____	_____
Children	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
Others:	_____					
	_____					

**Parental Information:**

Parents married/divorced: \_\_\_\_\_ Since: \_\_\_\_\_  
Father Remarried yes/no    Remarried number of times: \_\_\_\_\_  
Mother Remarried yes/no    Remarried number of times: \_\_\_\_\_

**Military:**

Military Experience? Yes \_\_\_\_ No \_\_\_\_      Combat? Yes \_\_\_\_ No \_\_\_\_  
If Combat, describe location, length, unit, etc.: \_\_\_\_\_

Branch: \_\_\_\_\_ Discharge type: \_\_\_\_\_  
Date enlisted: \_\_\_\_\_ Discharge date: \_\_\_\_\_  
Rank at discharge: \_\_\_\_\_ Military disabilities: \_\_\_\_\_

Other important information: \_\_\_\_\_

**PRIMARY REASONS FOR SEEKING SERVICES (Mark all that apply):**

Anger Management \_\_\_\_ Anxiety \_\_\_\_ Coping \_\_\_\_ Depression \_\_\_\_  
Eating Disorder \_\_\_\_ Fear/Phobia \_\_\_\_ Mental Confusion \_\_\_\_  
Sexual Concerns \_\_\_\_ Sleeping problems \_\_\_\_ Addictions \_\_\_\_  
Alcohol/drugs \_\_\_\_ Other \_\_\_\_\_

Do you feel suicidal or intend to harm yourself at this time? Yes \_\_\_\_ No \_\_\_\_

What are your goals for therapy? \_\_\_\_\_  
\_\_\_\_\_

**Prior Counseling:**

Have you received prior counseling? Yes \_\_\_\_ No \_\_\_\_

Type of counseling: \_\_\_\_\_

Name of Provider: \_\_\_\_\_

Please check if there have been any recent changes in any or all of the following:

Sleep patterns \_\_\_\_ Eating patterns \_\_\_\_ Behavior \_\_\_\_ Energy level \_\_\_\_  
Physical activity level \_\_\_\_ General disposition \_\_\_\_ Nervousness/tension \_\_\_\_

Describe any recent changes: \_\_\_\_\_  
\_\_\_\_\_

**Development Information:**

Any special, unusual, or traumatic circumstances that affected your development/growing up?

\_\_\_\_\_

Any history of child abuse (sexual, physical, verbal) \_\_\_\_\_

(Describe, if applicable): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Social Relationships:**

Check how you generally get along with people (check all that apply):

Affectionate \_\_\_\_ Aggressive \_\_\_\_ Avoidant \_\_\_\_ Fight/Argue \_\_\_\_  
Friendly \_\_\_\_ Follower \_\_\_\_ Leader \_\_\_\_ Shy \_\_\_\_  
Submissive \_\_\_\_ Outgoing \_\_\_\_ Other \_\_\_\_\_

**Spiritual/Religious:**

How important are spiritual/religious matters? Not \_\_\_\_ Little \_\_\_\_ Moderate \_\_\_\_ Much \_\_\_\_

Are you affiliated with a spiritual/religious group? \_\_\_\_\_

If so, describe \_\_\_\_\_

Were you raised within a spiritual/religious group? Yes \_\_\_\_ No \_\_\_\_

If yes, describe \_\_\_\_\_

Would you like your spiritual/religious beliefs incorporated into counseling? Yes \_\_\_\_ No \_\_\_\_

**Legal:**

Are you involved in any active legal cases (traffic, civil, criminal)? Yes \_\_\_\_ No \_\_\_\_

If yes, describe: \_\_\_\_\_

If yes, describe the location/jurisdiction: \_\_\_\_\_

Charges/hearing/trial dates: \_\_\_\_\_

Are you presently on probation or parole? Yes \_\_\_\_ No \_\_\_\_

If yes, describe: \_\_\_\_\_

Traffic violations? Yes \_\_\_\_ No \_\_\_\_ Total number of violations: \_\_\_\_\_

DWI, DUI, Etc. Yes \_\_\_\_ No \_\_\_\_ Total number of violations: \_\_\_\_\_

**Notes/Comments:**