



Presented by:
Dr. Adam R Smithey, LMFT
Certified Gottman Therapist

brings you



LEVEL 1 CLINICAL TRAINING GOTTMAN METHOD COUPLES THERAPY *Bridging the Couple Chasm*

More info at www.SmitheyCounseling.com

Learn one of the top research-based approaches to helping couples manage conflict and deepen intimacy!

GOTTMAN LEVEL 1

RESEARCH BASED APPROACH TO WORKING WITH COUPLES

Based on Dr. John Gottman's 40 years of research with over 3,000 couples. This is the first step in learning Gottman Method Couples Therapy. A truly inspiring workshop, Level 1 Training will give you new insights into treatment for couples who struggle, using research-based assessments and effective interventions.

WHAT CAN I EXPECT?

PROVEN TOOLS TO HELP COUPLES

- Research-based strategies and tools to help couples successfully manage conflict
- Skills to empower partners to dialogue about their worst gridlocked issues by uncovering their underlying dreams, history, and values
- Methods to help couples process fights and heal their hurt
- Techniques for partners to deepen their intimacy and minimize relapse
- New assessments and effective interventions to help understand couples' struggles

WHO SHOULD ATTEND?

ANYONE WHO WANTS TO HELP IMPROVE RELATIONSHIPS

- Mental health professionals
- Professors/teachers of couples therapy
- Students and interns
- Family clinic staff
- Allied professionals and clergy
- Researchers in the social sciences

DATES & LOCATIONS

ADDRESS

DATES

REGISTRATION

COUNTRY INN & SUITES
5630 Flight School Dr.
Indianapolis, IN 46221

MARCH 17 & 18
from 9am-5pm
OR
August 18 & 19
from 9am-5pm

General \$400
Early Bird \$350
Student/Professor \$325
code **LEARN75**
www.squareup.com/store/SmitheyCounseling/