

## Fundamentalists Anonymous: Twelve Steps to Sanity

1. *I admit that I am powerless and that only with God's help can my mind grasp the truth.*
2. *I have come to believe that with God's help my sanity and perspective of truth can be restored.*
3. *I have made the decision to turn my will and the way I want to understand the Bible over to the care of God.*
4. *I became addicted to the Bible as the supreme focus of my faith, in spite of the commandment that God should come first.*
5. *I admit to God, to myself and to another person the shortcomings of my belief in the unbelievable.*
6. *I have made an inventory of my false claims about the Bible.*
7. *I have made a list of those whom I led into confusion about the Bible.*
8. *I am willing to make amends to all those whom I may have led astray should the opportunity present itself.*
9. *I have realized that I have the inner power through the Holy Spirit to restore sanity to my life and to search Scripture for the truth.*
10. *I will reach out to trusted friends, spiritual leaders, and mentors who can help me clarify my thinking about the Bible, God and Jesus.*
11. *I will seek through prayer and meditation to improve my conscious contact with God, praying for knowledge of God's will for me and the power to carry that out.*
12. *Having had a spiritual awakening as the result of these twelve steps, I will offer these steps to other recovering fundamentalists.*

These 12 steps are adapted from those of Alcoholics Anonymous by Lee Adams Young and edited by Julie Honeycutt.